



Can you help us spread the Spirit of Christmas to those in need by buying one or more of the items on this list?

### **We Urgently Need...**

Long-life Milk  
Coffee, Tea & Hot Chocolate  
Breakfast Cereal  
Cooking Sauces  
Tinned Curry & Meals  
Tinned Meat/Fish  
Baked Beans/Soup  
Rice/Pasta  
Tinned Vegetables/Fruit  
Squash  
Crisps

### **'Nice to haves'**

Stuffing & Gravy  
Boxes of Chocolates/Biscuits  
Cranberry Sauce  
Yorkshire Pudding Mix  
Christmas Cake  
Shower Gel/Shampoo