**Sacred Hearts of Jesus and Mary**

Moorend Road, Charlton Kings, Cheltenham, GL53 9AU  
**Parish Priest:** Fr Mark Moran  
**Telephone:** 01242 524932  
**Parish Office Hours:** Monday to Friday 9.00am – 1.00 pm  
**Email:** cheltenham.sacredhearts@cliftondiocese.com  
**Parish Website:** www.sacredhearts.org.uk  
**Twitter:** @SacredHeartsCK

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<th>Sunday 19th August – Twentieth Sunday in Ordinary Time</th>
<th>Monday 20th August – Memorial of St Bernard (Abbot, Doctor)</th>
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<td>5.30 pm (Sat.)</td>
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People of the Parish  
8.15 am Ann Hookey & Family, RIP  
10.30 am Michael O Okeke, RIP  
4.15 pm Mass In Polish  |

**Monday 20th August – Memorial of St Bernard (Abbot, Doctor)**  
**NO MASS**  
**Tuesday 21st August – Memorial of St Pius X (Pope)**  
7.00 pm Private Intention  

**Wednesday 22nd August**  
Memorial of the Queenship of the Blessed Virgin Mary  
10.00 am Shiela Corkery, RIP  

**Thursday 23rd August – Weekday in Ordinary Time**  
9.15 am Special Intention  

**Friday 24th August – Feast of St Bartholomew (Apostle)**  
9.15 am Holy Souls  

**Saturday 25th August – Our Lady on Saturday**  
9.15 am People of the Parish  
5.30 pm (Vigil) Mary Hawkhead, RIP & John Morrissey, RIP  

**Sunday 26th August – Twenty-First Sunday in Ordinary Time**  
8.15 am Deborah McNeaney  
10.30 am Thanksgiving Mass  
4.15 pm Mass In Polish  

**Mass at Nazareth House - DAILY at 10am**

**Sacrament of Reconciliation**  
**Sacred Hearts:** Tuesdays 6.00 pm – 6.30 pm (when there is an evening Mass) and Saturdays 9.45 am – 10.15 am  
**St Gregory’s:** No Access to church  
**St Thomas More:** Saturdays 10.00 – 11.00 am

**Exposition and Adoration of the Blessed Sacrament**  
**Sacred Hearts:** 8.30 am when there is a morning Mass at 9.15 am.  
First Friday of the month from 9.45 am finishing at 12.15 pm.

**Mass Text**

**ENTRANCE ANTIPHON:** Turn your eyes, O God, our shield; and look on the face of your anointed one; one day within your courts is better than a thousand elsewhere.

**FIRST READING:** From the book of Proverbs 9: 1 – 6

**RESPONSORIAL PSALM:** Psalm 33  
**RESPONSE:** Taste and see that the Lord is good.

**SECOND READING:** From the letter of St Paul to the Ephesians 5: 15 – 20

**GOSPEL ACCLAMATION:** Alleluia, alleluia! The Word was made flesh and lived among us; to all who did accept him he gave power to become children of God. Alleluia.

**GOSPEL:** John 6: 51 – 58

**MEM. ACCLAMATION:** SUNG – Acclamation 2

**COMMUNION ANTIPHON:** With the Lord there is mercy; in him is plentiful redemption.

**NEXT SUNDAY’S READINGS [Twenty-First Sunday in Ordinary Time]**  
Jos 24: 1 – 2, 15 – 18; Ps 33; Eph 5: 21 – 32; John 6: 60 – 69

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**St Gregory the Great (STG)**  
10 St James Square, Cheltenham, GL50 3PR  
**Tel:** 01242 523737  
**Website:** www.stgregorys.org.uk

**St Thomas More**  
Princess Elizabeth Way, Cheltenham, GL51 7RA  
**Tel:** 01242 573128  
**Website:** www.stthomasmorechurch.org.uk

**Mass Times**  
Please visit STG AND STM websites for further information.

**St Gregory’s Church, during the renovations, has limited space due to the scaffolding. Fr David urges people to consider their safety and other peoples safety when choosing which mass they attend.**

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**In our Prayers this Week...** Bishop Declan, the schools and parishes of our diocese, the sick of the Parish - in Hospital and our Housebound Community, the Homeless, Desteitute and Dispossessed and those in despair.

**IN MEMORIAM:** For those who have recently died and for those whose anniversaries occur at this time: 21st Catherine Denislow (2008) 23rd Harry Hemus (2011)

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**Parish Priest:** Rev Anthony Paris

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**John Westlake, RIP:** Requiem mass will take place on Tuesday 28th August at 2.30 pm, here at Sacred Hearts church. Please remember the family in your prayers.
You are what you eat! That should be true when it comes to the Eucharist. The food and the drink we receive at Mass is our nourishment to sustain us in all we do to be like Christ. But those gifts of Christ’s Body and Blood are given precisely that we might become what we receive – Christ. We are to become what we eat and drink. Christ is given to us as food and drink so that we might have life in us and so that his life, flowing through us, might enable our world and others to know he is near through us. Christ is truly present to us in the Eucharist; his real presence makes his home in us so that, seeking to be like him, we might be reminders and signs of his presence in the ordinariness of our week – at home, at work, in the places where we encounter others. May our world know ‘Christ living among us’ because of the witness we give and the life we live.

DEANERY RETREAT DAY AT SACRED HEARTS

Fr Ian Kelly will lead a Retreat Day on Saturday 6th October which will highlight the ministries of Readers and Extraordinary Ministers of Holy Communion. The day will begin with Mass at 9.30 am. ALL are welcome.

Re-commissioning of Readers and Extraordinary Ministers of Holy Communion will take place on 6th/7th October.

CHELTENHAM DEANERY RCIA COURSE

If you are thinking of being Baptised/Confirmed as an adult, or entering into full communion with the Catholic Church, please come along to the introduction to the course on Wednesday 19th September. The programme will be led by Fr Tony Pazhayakalam, CST. All meetings will be held on Wednesday evenings, between 7pm and 8.30pm in the lounge of Sacred Hearts Hall.

CHILDREN’S LITURGY: resumes in September. We are always happy for help during our sessions and are short of a couple of leaders, maybe one could be you! Training is given. Let Fr Mark know if you are interested. It’s a lovely group helping our children to understand the Gospels and the message of Jesus in their own way. Have a wonderful holiday.

HOSPITAL CHAPLAINCY VOLUNTEERS: Training Course for New Volunteers. Starting Wednesday 26th Sept. 9am-12:30pm. Sessions held in Cheltenham and Gloucester according to room availability. For full details & booking form Tel: 0300 422 6200 or email: ghn-tr.spiritualcare@nhs.net

HOSPITAL: If you require the Sacrament of the Anointing of the Sick please request this from your parish priest, before your admission. From September, please ensure the NEW Catholic Hospital Chaplain is aware of your hospital admissions by calling St Peter’s 01452 523603.

PERMANENT DIACONATE: The diocese have arranged a series of discernment sessions for men who may be interested in becoming a Deacon. These sessions are on Saturdays: 29 September, 24 November, 12 January and 16 March. For more information please contact Fr Christopher Whitehead on 0117 902 5595.

BOOK CLUB: We are now reading “The Citadel” by A. J. Cronin and will meet to discuss the book on Wednesday 29th August at 7.30pm in the hall committee room over a cup of tea or coffee. Everyone is welcome at any of our meetings.

PARISH PILGRIMAGE TO THE HOLY LAND, 23-30 OCTOBER 2019

After last year’s wonderful pilgrimage to Lourdes and the great success of the visit to Wintershall we are planning a visit to the birthplace of Christ. Led by Father Mark, and accompanied throughout by an experienced tour guide, we shall be making an 8-day Pilgrimage to The Holy Land from Wednesday, 23 to Wednesday, 30 October 2019. The outline for the visit is:

Day 1 London to Tel Aviv flight and coach to Bethlehem
Day 2 Jerusalem- Mount of Olives
Day 3 Jerusalem-Holy Sepulchre-Ecc E homo-Bethesda-Mount Zion
Day 4 Ein Karem-Bethany
Day 5 Jerusalem-Bethany-Qumran-Dead Sea-Jordan Valley-Tiberias
Day 6 Sea of Galilee-Mount of Beatitudes-Caesarea Philippi
Day 7 Tabor-Nazareth-Cana
Day 8 Tel Aviv to London flight home

The price indicator is £1329/person and at this stage we want to establish the level of interest in the parish and Deanery before setting up a meeting, late October, at Sacred Hearts Church for Pax, our travel agent, to take us through the itinerary and answer any questions. If you are interested please add your name to the list and the message of Jesus in their own way.

EMERGENCY EXIT: Please take a moment to familiarise yourself with the nearest exit. In case of an emergency please leave all belongings and move immediately to the fire points which are:
1. On the field away from the building and 2. At the far end of the car park